

SUPER BENCH

JPRBR - 104 - RBK - BL

The Super Bench from the X-Pro series is engineered to provide multi-angle support for a wide range of upper-body training. Versatile and durable, the Super Bench is built to support a full range of upper-body training exercises. Featuring adjustable backrest angles from flat to incline, it enables targeted muscle activation with optimal posture.



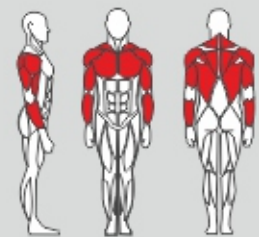
FEATURES

- ◆ **Adjustable Backrest:** Offers multiple incline, flat, and decline settings to support a variety of exercises.
- ◆ **Enhanced Stability:** Wide base ensures the bench remains steady even during heavy lifts.
- ◆ **Compact and Space-Efficient Design:** Ideal for home and commercial gyms with limited space.
- ◆ **Easy Adjustment Mechanism:** User-friendly locking system for quick and secure angle changes.
- ◆ **Transport Wheels:** Equipped with wheels for easy mobility and convenient placement in your workout area.

SPECIFICATIONS

DIMENSIONS:

Length: 54 inches / 137 cms
Width: 28 inches / 71 cms
Height: 30 inches / 76 cms
Weight: 97 lbs / 44.1 kg



MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Biceps Brachii, Trapezius, Latissimus Dorsi

COLOUR AVAILABLE: Black.